

• Eat & Drink

There are ample bars and restaurants dotted along the Passeig Marítim, also known as The Ramblas (the main pedestrian walkway). The prices in Badalona are much more interesting than in Barcelona centre due to it being a neighbourhood that tourists don't generally go to. You get to feel like a local walking down the tapas bars by the beach and ordering the typical Spanish dishes such as patatas bravas, tortilla, ensaladilla rusa and croquetas. All restaurants in Badalona speak Catalan, Spanish ,and English, some even French or Italian.



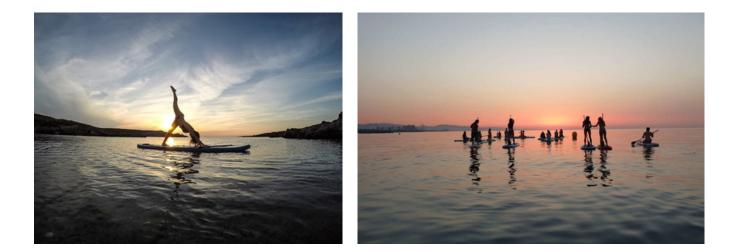
• Platjas de Badalona (Badalona Beaches)

The beaches in Badalona are divided up into different stretches, each with their own attractions. They are long, natural sandy beaches and far less crowded than Barcelona, therefore a great place to go for a swim, relax over a meal or take part in beach sports such as volleyball or beach football.



• Water-sport activities

Badalona has over 10 nautic centres that offer a full range of water sports such as paddle surf, sailing, windsurf, kitesurf, diving, kayak, jetski. It is also possible to take a boat trip from Port Vell in Barcelona to Badalona harbour. An exciting activity is to rent a paddle surf first thing in the morning and watch the sunrise over the sea. There are also centres that offer Sunrise Yoga on paddle boards (beginners and advanced).



Badalona Museum

An archaeological dig in the centre of Badalona. It is in the underground of a building and provides an excellent educational afternoon with lots of interesting artefacts of Roman Baetulo city remains. You can walk above the streets while interactive sounds and lights and the audioguide recreate the city life. Communitary baths, gymnasium, and houses are sited in the original place with their original mosaics. You get immersed into the city life in that time and there is an exhibition with different objects of that age. A definite must-see if you're interested Roman history and at a very reasonable entry price: $1.10 \in ($ under 17yrs old) / $2.30 \in (17-25yrs \text{ old}) / 5.20 \in ($ adult groups).



• Poblat Iberic Puig Castellar

Iberian archaeological site with 360° view of Barcelona and region. Easily reached by foot from the metro. it is an ideal place to go for a day trip and have a picnic at the top. The Poblat Iberic is located in the Serralada de la Marina, at the top of the Turó del Pollo, a privileged place where you can enjoy beautiful views of part of Barcelona, Badalona and the surrounding area. Open to visitors free of charge and perhaps the most spectacular view of Barcelona from the top. Fortunately, the tourists have not discovered it so the place is very quiet, and you find yourself surrounded by nature.

